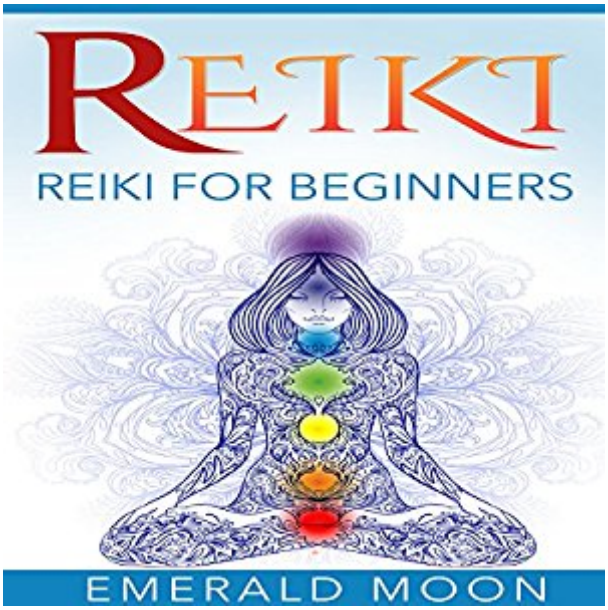
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Reiki: Reiki For Beginners: Psychic Development Series, Book 5



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Synopsis

The ideas behind energy fields in the human body go back thousands of years. The concepts have crossed regional and culture borders, and have transcended time itself. The core ideas behind Reiki appear multiple times through history because it is a proof, a sign that there are energy fields that surround us all. This book will serve as your guide to Reiki. You will learn how you can detect your body’s energy field, what that energy field dictates, and how you can improve your general health and well-being through energy field manipulation. It might sound like pseudoscience, but reports have confirmed that medical patients that undergo Reiki therapy far outperform their non-practicing counterparts in mental health and physical recovery time. You too can enjoy the benefits and advantages of Reiki. Whether you want to simply learn how energy fields work, learn how to manipulate your own energy field, or learn how energy fields relate to each other, you will find essential information in this book that will help you on your journey to understanding Reiki and how it can benefit your life. You will learn about the seven points in our bodies that dictate our spiritual, mental, and physiological well-being. You will learn how these points interact with one another and how they determine the level of enjoyment you get out of life. By the time you are finished with this book you will have the essential foundation necessary to find a Reiki practitioner or practice it on yourself. It is time to stop wondering about metaphysical energy fields and to dive first hand into a beginners guide on how it all works. You can improve your life and lives of those around you by being more in sync with yourself and your surroundings. Learn the secrets of Reiki and improve your life today!

Book Information

Audible Audio Edition
Listening Length: 1 hourÃ Â andÃ Â 12 minutes
Program Type: Audiobook
Version: Unabridged
Publisher: Emerald Moon
Audible.com Release Date: September 20, 2016
Whispersync for Voice: Ready
Language: English
ASIN: B01LZ5V3N6
Best Sellers Rank: #4 inÃ Â Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Eckankar #108 inÃ Â Books > Religion & Spirituality > New Age & Spirituality >

Channeling #427 inÃ Â Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult

Customer Reviews

Reiki is considered a holistic healing technique because the ki or life force energy that is supplied to the patient would spread to the whole physical system, keeping the emotional state in check and giving way to mental and spiritual healing. The energy that is released during the Reiki healing is said to have a mind of its own because it knows what to heal and where to heal, even beyond the area where the palm is placed. Today, one of the practices used to reduce stress is Reiki healing.

Modern science is just now confirming what ancient cultures have know for millennia: that the body has a system of energy that is just as vital to human health as the skeletal or nervous system. Reiki is a way of getting in touch with this energy system, and though it should not be used as a substitute for other medical treatments, the importance of understanding the way our energy flows through our bodies cannot be underestimated. This book provides a great introduction to the history and practice of Reiki, as well as practical information about how Reiki can be practiced.

This is a great beginners guide, I was intrigued to have learned what reiki were and the different types of reiki and their uses. This guide seems to have it all for anyone whose interested in getting started.

Good short book that gives some basic information about reiki and provide everything you need to know to start learning. Easy to follow and understand. The book explains things easy and logic.

Very interesting read on chakras. I liked how the author emerald structured out everything clearly so a beginner like me can understand what chakras exactly are and their healing benefits.

This book is very useful and teaching, for the begginers who need some helpful tips and guidelines of how to start reiki in the right way. Great book highly recommend!

Love it

This is a nice introduction to Reiki.I have been interested in all types of healing for many years now, but I can’t say I know much about Reiki. My wife trained in Pranic healing and I think they are quite

similar (although a Reiki master or experienced Pranic healer might say differently). Anyway this book provides a good overview of Reiki, where it came from, the role of the chakras, the basics of scanning etc.So if you want to practice Reiki, you will have to take a course. This book cannot teach Reiki, and it makes this quite clear that Reiki requires face to face training. But if you want an overview of Reiki, then this is the book for you. It's short and concise but it does provide a good overview.I'm not personally not interested in taking up Reiki training, but I do like to understand these various energetic healing systems, being a healer myself. Definitely dynamic energetic healing is the best way of developing long-term good health and Reiki is one approach which is worth considering and this books gives a good outline!

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